



SEAS: Scientific Exercise Approach to Scoliosis Level 2 Courses for Allied Health Practitioners

With Alessandra Negrini

Italian National Rehabilitation Director of ISICO

Practical training for treating patients with scoliosis

Date: SEAS 2: Jan 16-18, 2023 (expansion into adult treatment and bracing)

Hosted By: ScolioAustin – Scoliosis and Spine Physical Therapy Center

Address: 1705 S. Capital of Texas Hwy, Ste 130, Austin, TX 78746

SEAS 2 – Program Theory and practice

Outline of Topics

- Focuses on the advanced stage of treatment for scoliosis
- SEAS Self Correction with combined movements
- Evolution of the complexity of the exercises and of self-correction
- Simplified self-correction for daily-life application
- SEAS exercises during brace treatment
- SEAS exercises for thoracic hyperkyphosis, Scheuermann's disease
- School screening for scoliosis and thoracic hyperkyphosis
- Adult scoliosis: active SEAS self-correction and exercises
- Specific exercises for adults and elderly subjects with sagittal misalignment
- Pain treatment in adults with scoliosis and/or sagittal misalignment
- Algorithm for the reasoning of the setting of the self-correction (new topic)

Schedule

Presentation and discussion of clinical cases (1-2 each morning each day and 1 in the afternoon)

Real patients present at the course - Hopefully 1 in the morning and 1 in the afternoon for all days

Each participant should prepare a clinical case of his patients already in treatment and create a short presentation (4 slides + history, x-rays + explanation of treatment in course.

PRICE: \$850 per person early registration prior to November 30, 2022

\$900 after November 30, 2022.

If paying by check, please make payable to ScolioAustin, PLLC

Cancellation policy: Full return prior to November 1, 2022; 50% return prior to November 15; no return after November 15, 2022

REGISTRATION:

Please send your application (see below) with the above fee to:

ScolioAustin, PLLC

1705 S. Capital of Texas Hwy, Ste 130

Austin, TX 78746

Fax: (512) 359 – 7962

Email: Scolioaustin@icloud.com

All Coursework will be delivered on your electronic devices. Please bring your own iPad or laptop to class.

Attire will be per an active, participation class. Please wear comfortable clothing that allows your partners to see your spine.

Assistance/direction for or with accommodations can be provided once registration is received.



SEAS LEVEL 2 COURSE APPLICATION

PRICE (Check addressed to: ScolioAustin)

\$850 per person early registration prior to November 30, 2022; \$900 after November 30, 2022.

NAME: _____

PROFESSION: _____

